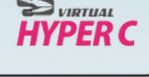
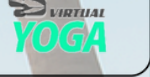
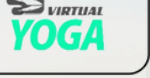
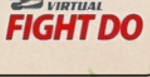
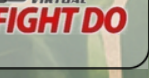
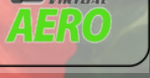


	Mon	Tue	Wed	Thu	Fri	Sat	Sun
24:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00						10:00~11:00 FIT-JUMP JULIANA	
11:00						休講	
12:00							

13:00							
14:00						14:00~14:45 ZUMBA AI	
15:00							
16:00							16:00~16:45 ZUMBA AI
17:00							
18:00							
19:00	19:00~20:00 FIT-JUMP JULIANA		19:00~20:00 FIT-JUMP JULIANA		休講		
20:00	休講		休講		19:30~20:15 kick & punch Yacht		
21:00							
22:00							
23:00							

VIRTUAL
UBOUND

トランポリン

VIRTUAL
MEGADANZ

ダンスフィットネス

VIRTUAL
HYPER C

コアHIIT

VIRTUAL
YOGA

ヨガ

VIRTUAL
ELEVEN

究極HIIT

VIRTUAL
AERO

エアロビクス

VIRTUAL
FIGHT DO

キックボクシング

VIRTUAL
OXIGENO

ピラティス/ヨガ

FIT-AERO



碧南店